

## SMOOTHIES

served from 7:30am - 5:00pm

ACAI SMOOTHIE 24 oz \$4.20

sambazon acai / fresh cut strawberries / blueberries / bananas / coconut / soy milk

ACAI BOWL 32oz \$5.20

sambazon acai / fresh cut strawberries / blueberries / bananas / coconut / soy milk / topped with granola and fresh fruit

BABY ACAI BOWL 16oz \$4.20

sambazon acai / fresh cut strawberries / blueberries / bananas / coconut / soy milk / topped with granola and fresh fruit

### 1. VERY BERRY BLAST

blueberries / fresh cut strawberries / banana  
raspberry sherbet / nonfat frozen yogurt / nonfat milk

### 2. ORANGE OVERLOAD

fresh orange juice / fresh cut strawberries / banana  
orange sherbet / raspberry sherbet

### 3. HOMAYON'S HAWAIIAN

pineapple / fresh cut strawberries / banana / fresh orange juice  
orange sherbet

### 4. MANGO TANGO

mango / peaches / fresh orange juice / orange sherbet  
nonfat frozen yogurt

### 5. CANTABERRY CRUSH

cantaloupe / fresh cut strawberries / raspberry sherbet  
nonfat frozen yogurt / nonfat milk

### 6. PEACH ME UP

peaches / fresh cut strawberries / banana / raspberry sherbet  
nonfat frozen yogurt / nonfat milk

### 7. COCONANA CREME

coconut / banana / nonfat frozen yogurt / nonfat milk

### 8. MOCHA FREEZE

mocha / nonfat frozen yogurt / nonfat milk

### 9. SWIEC'S DELIGHT

blueberries / dates / banana / pineapple / soy milk

### 10. SEASONAL SMOOTHIE

## SIZES

small 16oz \$2.99

large 24oz \$3.69

king 32oz \$4.20

## EXTRAS

acai \$1 / protein \$1.50 / spirulina 50¢ / bee pollen 50¢ / vitamin c 50¢ / calcium 50¢ / echinacea 50¢ / rice & oat bran 50¢ / honey 50¢

## BREAKFAST

served from 7:30am - 2:00pm

### Breakfast Sandwiches

SUPER BREAKFAST SANDWICH \$5.98

ham / bacon / egg / cheddar / avocado / tomatoes  
served on sourdough

THE HOLLYWOOD \$5.98

egg whites / swiss cheese / avocado / tomatoes / spinach /  
served on nine grain

THE EPL \$5.50

sausage / bacon / egg / cheddar cheese  
served on english muffin

### Three Egg Omelets

served with potatoes & toast

THE MILE HIGH \$8

ham / mushrooms / peppers / tomatoes / onions  
cheddar cheese

THE FRISCO \$8

mushrooms / spinach / tomatoes / feta cheese  
topped with avocado

CUSTOM OMELET \$6+

mushroom / bell peppers / tomato / roasted red pepper  
red onion / white onion / green onion / olives  
spinach / jalapeno / cilantro

EXTRAS [\$1 each]

ham / bacon / sausage

cheddar / swiss / mozzarella / feta / ricotta  
asparagus / avocado

### Breakfast Plates

TWO EGGS \$6

two eggs any style / breakfast potatoes  
choice of bacon, sausage, ham  
choice of sourdough or nine grain

THREE EGGS \$7

three eggs any style / breakfast potatoes  
choice of bacon, sausage, ham  
choice of sourdough or nine grain

### Sides

one egg any style \$1.50

bacon [2 pieces] \$2

sausage [2 links] \$2

ham [1 slice] \$2

breakfast potatoes \$2

avocado \$2

toast \$1.50

substitute english muffin add \$1

substitute egg whites add \$2

### Drinks

20oz orange juice \$3.50

20oz apple juice \$3.50

coffee \$2

## LUNCH

served from 7:30am - 5:00pm

### Sandwiches

1. CHRONIC SUB \$7.50

salsalito turkey / bacon / avocado / red onion / lettuce / tomatoes / white roll

2. HOT BLAZIN CHICKEN \$6.25

sliced blazin chicken / pepperoncinis / pepperjack cheese  
house-made mustard / white roll

3. MIGHTY VEGGIE \$7.50

veggie patty / pepperjack cheese / avocado / hummus / sprouts / tomatoes  
lettuce / red onion / cucumbers / served on nine grain bread

4. PB. L.T. \$6.98

bacon / avocado / pepperjack cheese / lettuce / tomato / blazin aioli  
served on nine grain

5. CRB \$6.98

roast beef / cheddar cheese / lettuce / tomatoes / red onion / mayo  
mustard / served on wheat roll

6. TURKEY CLUB \$8.25

smoked turkey / cheddar cheese / bacon / avocado / lettuce / tomatoes  
/caramelized onion / blazin aioli / served on sourdough

7. ITALIAN \$7.75

salami / ham / pepperoni / provolone / lettuce / tomatoes / red onion  
pepperoncinis / oil & vinegar / salt & pepper / served on white roll

8. GRILLED CHEESE \$5.50

white cheddar / tomatoes / choice of sourdough or nine grain  
add bacon \$1.50 / add avocado \$2

9. BBQ CHICKEN \$8.75

grilled chicken breast / white cheddar / johnny walker bbq sauce / lettuce  
tomatoes / caramelized onion / cilantro / choice of wheat or sesame bun

10. CHICKEN BACON RANCH \$9.75

grilled chicken breast / bacon / pepperjack cheese / ranch dressing  
balsamic dressing / lettuce / tomatoes / caramelized onion  
choice of wheat or sesame bun

11. BLAZIN VEGGIE \$8.00

veggie patty / garlic sauteed spinach / sautéed mushrooms / feta cheese  
blazin aioli / balsamic dressing / choice of wheat or sesame bun

12. SPICY BUFFALO CHICKEN \$8.75

spicy crispy chicken breast / pepperjack cheese / lettuce / tomato  
ranch dressing / choice of wheat or sesame bun

### Wraps

make any sandwich a wrap add \$1

CHICKEN CAESAR WRAP \$7.50

grilled chicken breast / romaine lettuce / caesar dressing / parmesan cheese  
house-made croutons

SPICY SHRIMP WRAP \$10.50

fire grilled shrimp / romaine lettuce / caesar dressing / parmesan cheese  
house-made croutons

### Salads

CAESAR SALAD \$7

romaine lettuce / house-made croutons / parmesan cheese / caesar dressing  
with grilled chicken breast +\$2

HOUSE SALAD \$5

romaine lettuce / tomatoes / house-made croutons / choice of dressing

CHRONIC SALAD \$7

romaine lettuce / salsalito turkey / bacon / red onion / tomatoes / mozzarella /  
balsamic dressing

SUMMER SALAD \$7

spinach / red onion / tomatoes / strawberries / feta cheese / almonds /  
balsamic dressing

### Blazin Grill Burgers

SERVED ON WHEAT OR SESAME BUN

BLAZIN BURGER \$8

blazin ketchup / blazin mayo / caramelized onion / lettuce / tomato  
choice of cheese

BLACK & BLUE \$9

blue cheese sauce / sautéed mushrooms / spinach / blue cheese

THE KARL \$10

bacon / white cheddar / tempura red onion / bbq sauce

THE CALI \$10

bacon / avocado / lettuce / tomato / blazin mayo / choice of cheese

CUSTOM BURGER \$7+

includes: lettuce / tomato / caramelized onion

add: blazin ketchup / blazin aioli / house-made mustard sauce / bbq sauce

CHOOSE YOUR OWN TOPPINGS [ADD \$1 EACH]

pepperjack / white cheddar / swiss / blue cheese / provolone

bacon / avocado / sautéed mushrooms

### Add a Side

house-made chips \$1

house-made tortilla chips & salsa \$3

blazin fries \$2

sweet potato fries \$3

maui mac salad \$2

cup of soup \$3

asian slaw \$2

### Custom Sandwiches \$6.98

made with Boar's Head Meats

#### BREAD

(pick one)

toasted or not toasted

white roll

wheat roll

nine grain

sourdough

#### MEAT

(pick one / extra \$1)

tuna

roast beef

salsalito turkey

oven gold turkey

smoked turkey

honey ham

buffalo chicken

italian (ham & salami)

chicken salad

#### CHEESE

(pick one / extra \$1)

cheddar

pepperjack

provolone

swiss

#### TOPPINGS

mayonaise

mustard

blazin mayo

dijon mustard

house-made mustard

oil & vinegar

salt & pepper

#### VEGGIES

lettuce / tomato / red onion

cucumber / sprouts / black olives

sliced pepperoncinis / jalapenos

bell peppers

pickle (on side)

pepperoncinis (on side)

#### EXTRAS (\$1 EACH)

meat

avocado

cheese

bacon

hummus